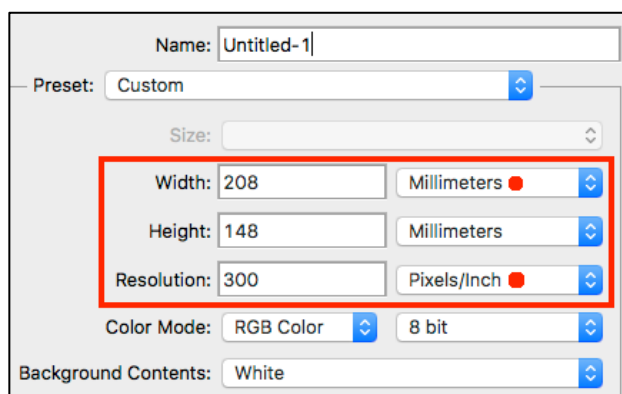


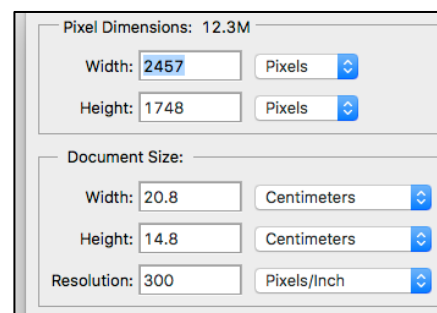
Setting up a Recipe Card

1. Open **Photoshop**
2. **File > New**
3. Change the **width** units to **millimetres**
4. Change the sizes as shown:
 - width: **208 mm**
 - height: **148 mm**
5. Change the **Resolution** to **300 Pixels/Inch**
6. Click **OK**



This creates a basic template to use.

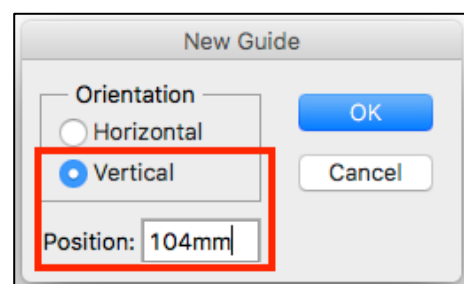
7. Check the image size: **Image > Image size**
It should be as shown. If it's not, start again



Adding Guidelines

Guidelines help to make sure the layout of the product works.

8. **View > New Guide > Vertical > 104mm** (the mm is really important) > **OK**
A guideline appears at the half-way point – this is the centre fold
9. **View > New Guide > vertical 3mm**
10. **View > New Guide > vertical 205mm**
11. **View > New Guide > horizontal 3mm**
12. **View > New Guide > horizontal 145mm**



Save the template:

13. **File > Save As** – make sure you know where this is being saved
14. Call your file **recipe_template_v1**